

1976

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Reading List: Phenomenology, Counselling/Therapy

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The titles listed below include basic reference works on phenomenology as well as examples of phenomenology applied to both research and counselling/therapy.

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Barton, A. Three Worlds of Therapy: Freud, Jung, Rogers. Palo Alto: National Press Books, 1974.

Demonstrates the use of phenomenological reduction in getting a fresh view of how three therapists view their therapy-worlds.

Beshai, J. A. Psychology's dilemma to explain or to understand. Journal of phenomenological psychology, 1971, 1, 209-224.

Contends that psychology cannot proceed without blending both empirical studies and experiential description.

Binswanger, L. The case of Ellen West (1944-45). In Existence, edited by Rollo May, E. Angel, H. Ellenberger, New York: Basic Books, 1958, pp. 237-364.

Binswanger, L. Existential analysis and psychotherapy (1954). Psychoanalytic Review XLV (1958-59), 79-83.

Bristowe, Elizabeth. How drop-outs experience school. Unpublished master's thesis. University of Victoria, 1971.

A research example of phenomenological analysis.

Buytendijk, F. J. The phenomenological approach to the problems of feeling and emotions. In Psychoanalysis and existential Philosophy, edited by H. Ruytnebeck, New York: Dutton, 1962, pp. 155-72.

Combs, A. Phenomenological concepts in nondirective therapy. Journal of consulting psychology XII, 1948, 197-267.

Emery, Roberta. The religious concepts of kindergarten children in a Christian community. Unpublished master's thesis. University of Victoria, 1974.

A phenomenological study of young children's religious meanings.

Frankl, V. Psychotherapy and existentialism: selected papers on Logotherapy. New York: Clarion Books, 1968.

Gendlin, Eugene. Experiencing and the creation of meaning. New York: Free Press, 1962.

Giorgi, A., R. VonEckartsberg, and W. Fischer (Eds.). Duquesne studies in phenomenological psychology. Volume I. P. Hsburgh: Duquesne University Press, 1971.

Gurwitsch, Aron. Studies in Phenomenology and Psychology. Evanston, Illinois: Northwestern University Press, 1966.

Henry, J. Pathways to madness. New York: Random House, 1971.

An example of sophisticated phenomenological research.

- Heidegger, Martin. Being and Time, trans. by J. Macquarrie and E. Robinson [original publication, 1927] New York: Harper, 1962.
- Hitt, W. Two models of man. American Psychologist, 1969, 24, 651-658.
- Husserl, E. Phenomenology [original publication in the 1929 edition of the Encyclopedia Britannica] trans. by Richard Palmer in Journal of the British Society for Phenomenology, II (1971), 77-90.
- Jaspers, Karl. General Psychopathology [original publication 1913, 7th edition 1959] trans. by J. Hoenig and M. Hamilton. Chicago: University of Chicago Press, 1963.
- Keen, E. A primer in phenomenological psychology. New York: Holt, 1975.

An excellent, brief introduction to phenomenological psychology with sections on research and clinical methods.

- Kuenzli, Alfred (Ed.). The phenomenological problem. New York: Harper, 1959.
- Laing, R. D. The divided self: a study of sanity and madness. Chicago, Quadrangle Books, 1960.
- Laing, R. D. The politics of experience. New York: Pantheon, 1967.
- Landsman, T. Four phenomenologies. Journal of Individual Psychology, 1958, 14, 29-37.
- Lauffer, M. A phenomenological study of Empathy. Unpublished master's thesis, Bucknell University, 1971.
- Lyons, J. Experience: an introduction to a personal psychology. New York: Harper and Row, 1973.
- Merleau-Ponty, M. Phenomenology of perception [original publication 1945] trans. by C. Smith, London: Routledge and Kegan Paul, 1962.
- Minkowski, Eugène. Phenomenological approaches to existence. Existential Psychiatry, I (1966) 292-315.
- Misiak, H. and Virginia S. Sexton. Phenomenological, existential and humanistic psychologies: a historical survey. New York: Grune and Stratton, 1973.

Contains an excellent bibliography.

- Mushuoto, M. A. Existential encounter in Gabriel Marcel: its value in psychotherapy. Review of Existential psychology and psychiatry, I (1961), 53-62.

- Needleman, Jacob (Ed.). Being-in-the-world. New York: Basic Books, 1963.

Contains seven articles by the founder of Daseinsanalysis, Ludwig Binswanger.

- Peavy, R. V. Counselling and existential phenomenology. University of Victoria, Mimeo, 1974.
- Peavy, R. V. Toward a phenomenology of counselling. University of Victoria, Mimeo, 1971.
- Rogers, C. On becoming a person. Boston: Houghton-Mifflin, 1961.
- Rogers, C. R. A theory of therapy, personality, and interpersonal relations as developed in client-centered framework. In Koch, S. (Ed.). Psychology: A study of a science. Vol. 3. New York: McGraw-Hill, 1959.
- Rychlak, J. Introduction to personality and psychotherapy: a theory construction approach. Boston: Houghton-Mifflin, 1973.  
 Excellent sections on G. Kelly, C. Rogers and L. Binswanger as therapists employing phenomenological approaches.
- Scheler, Max. The Nature of Sympathy [original publication, 1913] trans. by P. Heath. New Haven, Connecticut: Yale University Press, 1954.
- Schutz, A. On phenomenology and social relations. Chicago: University of Chicago Press, 1970.
- Snygg, D. and Combs, A. W. Individual behavior, 2nd edition. New York: Harper and Row, 1959.
- Spiegelberg, H. Phenomenology in Psychology and Psychiatry: A Historical Introduction. Evanston: Northwestern University Press, 1972.
- Spiegelberg, H. The Phenomenological Movement, Vols. I, II. The Hague: Nijhoff, 1965.  
 Probably the best single study source on the main figures and trends in phenomenology.
- Stevick, E. L. An empirical investigation of the experience of anger in A. Giorgi, et al. (Eds). Duquesne studies in phenomenological psychology, Vol. I. P. Hsburgh: Duquesne University Press, 1971, pp. 132-148.
- Straus, Erwin. Phenomenological Psychology: Selected Papers, trans. by E. Eng. New York: Basis Books, 1966., 1968.

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